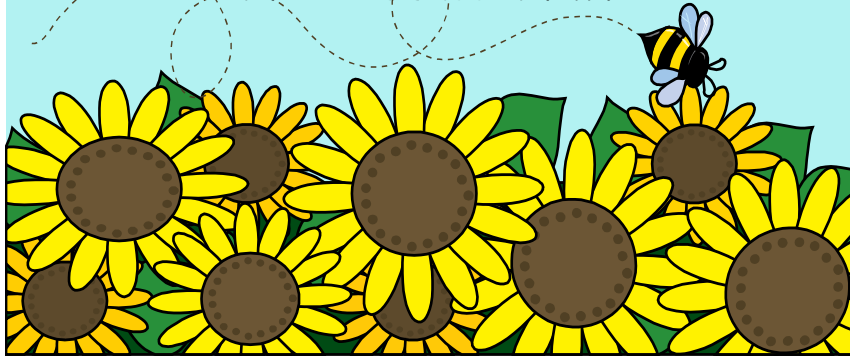


September 2017

Middle School Menu



BREAKFAST CHOICES MAY INCLUDE:

Granola Bar, Breakfast Round,
Breakfast Burrito, Breakfast Pizza,
WG Cinnamon Roll, WG Maple Bar
WG Cereals
100% Juice/Fresh Fruit
1% white milk
Non fat Chocolate Milk

AVAILABLE DAILY GARDEN BAR

Veggies offered may include:
Broccoli, Cauliflower, Carrots,
Cucumbers, Celery and
Mixed Greens
Corn and Bean Salsa



Fruit offered may include:
Peaches, Pears, Apples,
Oranges, Bananas, Applesauce,
Strawberries, Blueberries
Applesauce

MEAL APPLICATIONS

A new application needs to be filled out every school year.
One application can be filled out for all children in your household.
Please turn in ASAP to get your child qualified.
Applications are available at all school offices or online.
Questions call 360-354-7579

Thursday, August 31

WG Chicken Nuggets
Burger Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Friday, September 1

PIZZA BAR
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Tuesday, September 5

WG Corn Dogs
Burger Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Wed., September 6

Fiesta Bar
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

LATE ARRIVAL

Thursday, September 7

Spud Bowl
Burger Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Friday, September 8

Caesar Salad
Cheese Bread Sticks
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk



No School

PRICES

	Breakfast	Lunch
Full Paid	\$1.75	\$3.00
Reduced 4-5	No Charge	.40
Free	No Charge	No Charge

Online Deposits

Call 354-7579 for more information



Monday, September 11

WG Chicken Nuggets
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Tuesday, September 12

Rice Bowls
Burger Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Wed., September 13

Deluxe Nacho's
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

LATE ARRIVAL

Thursday, September 14

BBQ Chicken
Panini Sandwich
Burger Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Friday, September 15

French Toast
Sausage Patty
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Monday, September 18

WG Corn Dog
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Tuesday, September 19

Ravioli
Garlic Breadsticks
Burger Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Wed., September 20

Soft Taco/Burrito
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

LATE ARRIVAL

Thursday, September 21

Spud Bowl
Burger Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chote Milk

Friday, September 22

Hot Ham & Cheese
Pretzel Bun
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Monday, September 25

WG Chicken Nuggets
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Tuesday, September 26

Rice Bowls
Burger Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Wed., September 27

Deluxe Nacho's
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

LATE ARRIVAL

Wed., September 28

Breakfast Sandwich
Hash Browns
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Wed., September 29

Hot Dog
Hearty Chili
Pizza Bar
Salads/Wraps
Deli Sandwich
Fruit & Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

TIME *for* **LUNCH**



We're here to serve you, so please let us know if there's anything we can do for you.

Have a Great Year!

HARVEST OF MONTH
SEPTEMBER
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CUCUMBERS